

Testimonial Template

1. What was going on in your life before working with me?
2. What brought you to book a session?
3. How was your experience during our first session?
4. What benefits did you gain from our sessions?
5. Would you recommend my coaching to others?
6. Is there anything else you would like to tell me about your experience coaching with me?
7. Can I use the testimonial on my website and social media posts on my business page, and what info about you can I include? Please check all that I can apply or none if you don't want me to use it. Please note: If you allow me to use your testimonial on my website and for social media posts I may only use certain sections.

Please keep it anonymous

Initials only

First name only

First and last name

Age

Photo (for clients who experienced weight loss or engaged in some new activity as a result of working with me and would like to show that)

Thank you so much for providing this feedback for me! I love coaching, and I sincerely hope you had the BEST experience.

Live, love and be well. – Jen